

\$

On Tuesday April 26, a group of poets, performers, and drama facilitators from the U.K. came to visit our school. The group which goes under the name, 'The Change Collective" is headed by poet Deeana Rodger, drama facilitator Dan Boyd, and Anthony who does rap. The group, who were visiting Khartoum under the sponsorship of the British Council, led an African Sonnets Evening at The Corinthia Hotel. This was part of the British Council's Shakespeare Lives Project, which commemorates 400 years since the death of William Shakespeare. Despite their busy schedule they enthusiastically accepted our invitation to come along and work with us. It was an incredible morning of drama, poetry, dance, comedy, and rap. This is one experience that will live in the hearts and minds of our young performers for the rest of their lives.

Deeana initiated our group activity with her poem entitled "London". This was followed by poetry, raps and dance. Then it was the turn of our students to perform for them. Our Shakespeare Elective Ensemble performed selected scenes from their forthcoming production, Much Ado About Nothing. Mr. Micheal Metcalf's Shakespearian Drama students and 9 & 10 English Literature students have done an outstanding job. Their first performance was a huge success and now we are all looking forward to their second drama production "Much Ado About Nothing". Mr. Micheal is a very dedicated teacher who has years of experience in teaching English Literature and drama. He has a passion for Shakespearian drama and is able to bring out true talents in students. He is also very knowledgeable and creative and is well loved by all his students.

Here's what Deeana said about our Shakespeare Ensemble:

Q: What is Hepatitis A and what does the virus do to the body?

A: Hepatitis A infects the liver and leads to the malfunction of the liver by inflammation. The liver has the role of breaking down sugar, fat and other substances, but the virus interferes with the work.

Q: What are the symptoms of this disease?

A: From the virus of Hepatitis A, you can have symptoms such as jaundice (skin color changing to yellow), abdominal pain, loss of appetite, nausea, fever, diarrhea, and fatigue.

Q: Is Hepatitis A easy to spread?

A: It is very easy to spread, and the most important reason why Hepatitis A is easy to spread is because the person infected does not know in the beginning. It takes about 2 weeks for the viral incubation to happen and the symptoms show after these 2 weeks, so before the viral incubation, the person will not even know whether he/she is infected by the virus of Hepatitis A.

Q: If it is easy to spread, in what ways can Hepatitis A be spread?

A: One of the most common ways Hepatitis A is spread is through consumption of contaminated food and water. Swallowing contaminated ice, eating food that is not properly handled and eating fish from contaminated water can also spread the disease. Daily habits such as eating food with your hands and sharing one glass with a group of people also spreads the virus.

Q: Then, what can we do to stop the spread?

A: The most important thing we can do to stop the spread is to preserve good hygiene. And the most easiest and effective way is to keep our hands clean. We need to clean our hands as much as we can, especially after going to the bathroom. We should all wash our hands like shown in the diagram.

Q: Are vaccines available for the citizens here in Sudan?

A: Vaccines for Hepatitis A is available in the world, but not in Sudan. The reason why vaccines are not available is that the vaccinations are only available through private doctors and they are very expensive. Also, it is suggested that the health department do not seem to care about Hepatitis A as much as other diseases for it is not as fatal and it only causes death in extreme cases. However, there are medications available for the people.

Q: How is Hepatitis A considered as one of the major infectious diseases in Sudan but not as the fatal diseases?

A: It is highly infected, but there is no permanent cure for this disease. The virus is somewhat similar to the virus of flus. It comes and infects the liver, and it can be treated by medications and vaccinations (in other countries) , but within 6 to 9 months, the disease can return again if the body is weak again and if the person do not preserve c(1 0 0se cpreser)-4nes are9 cases.these other1(Hepatitis

wAlso, it iss of if ths0 -1.2not ad, in what wainnthitigserrals the fatal diseases? asic shoum. Weating fd shasoapl9